



Milwaukee County Senior Dining

MEALS ON WHEELS

JUNE 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Swiss Steak w/Tomato & Onion Mashed Potatoes Cream-Style Corn Sesame Egg Bread Romaine Salad/Ranch Peaches	2 Baked Chicken Leg/Thigh Au Gratin Potatoes Capri Vegetable Blend Cranberry Muffin Tropical Fruit Cup	3 Tuna Salad/Kaiser Roll Shredded Lettuce Pickle Spear American Potato Salad Red Cabbage Cranberry Slaw Chocolate-Iced Brownie ♥ Fresh Fruit
	6 Swedish Meatballs Gravy Buttered Egg Noodles Brussels Sprouts 7-Grain Bread Pineapple Juice Butterscotch Pudding ♥ Lo-Cal Pudding	7 Chicken Chop Suey Brown Rice Pea Pods Sesame French Bread Orange Juice Snickerdoodle Cookie ♥ Peaches	8 Mixed Greens Chef's Salad <i>Ham, Turkey, Cheese, Egg</i> Croutons & Ranch Dressing Fruited Muffin Melon Wedge Lemon Bar ♥ Banana	9 Meat Lasagna Italian Beans Whole Kernel Corn Garlic Bread Oatmeal Raisin Cookie ♥ Fresh Fruit
	13 Lemon Pepper Chicken Breast Au Jus Garlic Mashed Potatoes Gravy California Vegetable Blend Oval Grain Roll Pineapple Tidbits	14 BBQ Boneless Country-Style Rib Scalloped Potatoes Key Largo Vegetables Baking Powder Biscuit Peanut Butter Cookie ♥ Grapes	15 Polish Kielbasa Whole Wheat Bun Ketchup & Mustard <i>Parsley, Boiled</i> Quartered Potatoes Harvard Beets Cheesecake ♥ Fresh Summer Fruit POLISH FEST	16 <i>Summer Celebration</i> Cheeseburger Whole Wheat Bun Ketchup & Mustard Lettuce, Tomato, Pickle Baked Beans American Potato Salad Watermelon
	17 Italian Meatloaf w/Cheese & Tomato Sauce Double Baked Potato Casserole Baby Carrots/Dill Marble Rye Bread Blueberry Pie ♥ Fresh Fruit Father's Day	20 Sliced Roast Pork w/Cranberry Glaze Yukon Mashed Potatoes Broccoli/Cheese Sauce Multi-Grain Bread Applesauce	21 Grilled Bratwurst Whole Grain Bun Kraut, Ketchup & Mustard Oven-Browned Diced Potatoes Creamy Cucumber Salad Chocolate Chip Cookie ♥ Fresh Orange	22 Beef Stroganoff Buttered Wide Noodles Diced Carrots & Peas Romaine Salad w/Tomato & Cucumber French Dressing Sourdough Bread Fresh Plum
27 Beef-Mushroom-Swiss Burger on Rye Hamburger Bun Ketchup & Mustard American Fried Potatoes Crinkle Carrots P.B. Rice Krispie Treat ♥ Peaches	28 Tahitian Chicken Leg/Thigh Wild Rice Blend Spring Vegetables Vienna Dinner Roll Apple Juice Mandarin Oranges	29 <i>Summerfest Opener</i> Turkey, Ham & Swiss Sub Sandwich/Lite Mayo Leaf Lettuce, Tomato Slice Rainbow Vegt. Pasta Salad Nectarine Double Choc. Chip Cookie ♥ Juice	30 Shredded BBQ Pork on Flatbread Hashbrown Casserole Green Beans Confetti Cake w/Icing ♥ Banana	24 Grilled Chicken Caesar Salad w/Parmesan Cheese, Croutons, Caesar Dressing Split-Top Roll Sun Chips Fresh Strawberries Strawberry Yogurt Strawberry Festival
<div> Delivery Issues? Vacation Hold? Cancellation? CALL GOODWILL 358-6527 </div>				